

**2ND AFN GOLDEN LEAGUE RESULTS, LIBERTY STADIUM, IBADAN**  
 16TH -17TH APRIL, 2010

**DAY ONE 16TH APRIL, 2010**

**100M WOMEN HEAT I**

wind: +0.2

Pos	Bib	Name	Club	D of Birth	Mark
1st	365	Agnes Osasuwa	NSCDC		11.94sec
2nd	305	Chinazom Amadi	Nat. Snr.		12.17sec
3rd	123	Benson Margaret	Delta	28/07/94	12.39sec
4th	304	Ajaude Nnenna	Abia		12.42sec
5th	419	Olabaju Yemi	Oyo	1/12/1994	12.47.sec
6th	293	Ogunbase Funke	Police		12.67sec
7th	354	Samuel Dorcas	Navy		12.69sec
8th	534	Veronica Odili	Slocktan		12.72sec

**100M WOMEN HEAT 2**

wind: +0.2

Pos	Bib	Name	Club	D of Birth	Mark
1st	310	Omaka Josephine	Nat. Snr.		12.00sec
2nd	460	Goodness Thomas	Police		12.31sec
3rd	201	Jethro Bunmi	Ekiti		12.34sec
4th	111	Oshibanjo Dayo	Christable		13.10sec
5th	132	Mercy Abu	Delta		13.13sec
6th	409	Agbato Akorede	OOU		13.23sec
7th	277	Taiye Ashamo	Kwara		14.07sec
8th	540	Blessing Oladipo	Yabatech		14.60sec

**100M WOMEN HEAT 2**

wind: +0.4

Pos	Bib	Name	Club	D of Birth	Mark
1st	311	Silas Stella	Nat. Snr.		11.94sec
2nd	461	Ihuoma Adalgwe	Police		12.10sec
3rd	330	Hope Jacob	Nat. Snr.		12.13sec
4th	222	Konabiyovwi Judith	Favoured	16/05/93	12.56sec
5th	282	Ebere Ekezie	MAUSI		12.96sec
6th	49	Deborah Oyemade	Alpha		13.43sec
7th	542	Favour Ogbuechi	YabaTech.		14.41sec
8th	366	Akene Susan	SNSCDC		Desqualified

**100M WOMEN HEAT 4**

wind: +0.2

Pos	Bib	Name	Club	D of Birth	Mark
1st	368	Justina Sule	NSCDC		12.36sec
2nd	133	Umayah Akpevwe	Delta	5/7/1994	12.96sec
3rd	463	Imadra Juliet	Police		12.97sec
4th	237	Amedigni Cecelia	Nat. Youth		13.00sec
5th	297	Ogunjinrin Olusola	Megarock		13.48sec
6th	477	Victoria Osuagwu	Police		13.52sec
7th	257	Dairo Adeyemi	NSCDC		13.68sec

**100M WOMEN HEAT 5**

wind: +0.1

Pos	Bib	Name	Club	D of Birth	Mark
1st	303	Tawa Adegoke	Nat. Snr.		12.09sec
2nd	377	Gloria Basse	NSCDC	11/21/1993	12.13sec
3rd	533	Grace Ayemoba	Sloektan		12.61sec
4th	169	Oghenetajiri Efenbir	Eggle Siglit		12.76sec
5th	416	Folami Seun	Oyo	9/3/1993	13.17sec

**100M MEN HEAT 1**

wind: +0.2

Pos	Bib	Name	Club	D of Birth	Mark
1st	140	Ebele Udeagu	Abia		10.85sec
2nd	258	Agbuwa Emobusa	Alpha		10.86sec
3rd	151	Peter Unegbu	Delta		10.92sec
4th	629	Adeola Efunsiile	DOAP	11/18/1992	11.02sec
5th	410	Ifiok Andrew	Osheku Strid		11.09sec
6th	164	Akomolafe Ademola			11.25sec
7th	1	Arewa Kolawole	A class		11.58sec

**100M MEN HEAT 2**

wind: +0.3

Pos	Bib	Name	Club	D of Birth	Mark
1st	494	Kasumu Ahmed	Police		10.81sec
2nd	206	Odelusi Ayokunle	Ekiti		10.86sec
3rd	342	Emwobo Mamus	Delta		11.05sec
4th	630	Rotimi Tokunbo	DOAP	12/6/1992	11.74sec
5th	2	Casimir Unegbu	A Class		11.98sec
6th	527	Onasanya Owolabi	Rivers	5/4/1994	12.01sec
7th	628	Adeleye Sunday	fanto		12.41sec
8th	420	Olaosebi Kan	-		Disqualified

**100M MEN HEAT 3**

wind: +1.3

Pos	Bib	Name	Club	D of Birth	Mark
1st	312	Adukwu Benjamin	Nat. Snr.	23/11/1989	10.66sec
2nd	278	Raji Idris Babatunde	Kwara		11.18sec
3rd	529	Sanni Mohammed	Rivers	1/10/1993	11.23sec
4th	424	Ahmed Majeed	Oyo	7/7/1991	11.47sec
5th	449	Abidakan Adebola	Police		11.79sec
6th	211	Durojaye Olanrewaju	Elele		11.83sec
7th	4	Taiwo Ajetumobi	A class		12.25sec
8th	502	Fred Aifuwa	Police		12.34sec

**100M MEN HEAT 4**

wind: +0.2

Pos	Bib	Name	Club	D of Birth	Mark
1st	315	Egwero Ogbo-Oghen	Nat. Snr.		10.71sec
2nd	143	Nathaniel Oletu	Delta		10.87sec
3rd	626	Bamisigbin Adewunm	Police		11.07sec
4th	426	Christian Uba	Oyo	6/3/1994	11.13sec
5th		Akinrogunde Ayoyemi	NSCDC		11.14sec
6th	287	Atuma Ifeanyi	Mausi		11.75sec
7th	515	Adegoroye Solomon	Police		11.79sec
8th	219	Joshua Ezu	Esteem		11.87sec

**100M MEN HEAT 5**

wind: +1.1

Pos	Bib	Name	Club	D of Birth	Mark
1st	317	Ovie Agbaje	Nat. Snr.	26/6/1988	10.72sec
2nd	316	Elvis Ukale	Nat. Snr.		10.86sec
3rd	430	Kehinde Ogunsola	Oyo	2/16/1993	11.13sec
4th	288	Ehibor Frank	MAUSI		11.25sec
5th	547	Darligton Ifadele	FCT		11.34sec
6th	428	Isah Aigbevoile	Oyo	6/19/1992	11.39sec
7th	535	Adeniran Abiodun	Sokoto		11.69sec
8th	225	Odeh Ese Dinine	Favoured		12.10sec

**100M MEN HEAT 6**

wind: +1.4

Pos	Bib	Name	Club	D of Birth	Mark
1st	77	Olugbemi Yomi	Bayelsa		10.73secs
2nd	397	Kamilu Isijola	Ondo	23/6/1993	10.86sec s
3rd	27	Ejeh Benard	Abuzaria		11.02secs
4th	432	Nicholas Akinniyi	Oyo	11/12/1992	11.14secs
5th	163	Ilesanmi Dotun	DOAP	22/2/93	11.17secs
6th	233	Onwah Fidelis	Global		11.35secs
7th	549	Jelili Anjorin	Yaba Tech		11.48secs
8th	431	Mujideen Adebayo	Oyo		12.11secs

**100m Men Heat VII**

wind: +0.6

Pos	Bib	Name	Club	D of Birth	Mark
1st	558	Chimenenm IronWUS	Rivers		11.00secs
2nd	235	Stanley West	Global		11.27secs
3rd	164	Olobatoke Kayode	DOAP		11.53secs
4th	304	Odugbesan Abiodun	Megarock		11.79secs
5th	95	Adebayo Rotimi	Buka T. Jnr		11.80secs
6th	554	Olusola Ashagbon	Yaba Tech		12.07secs
7th	29	Jackson Ademou	Abuzaria		12.55secs
8th	442	Yakubu Olayiwola	Oyo	7/18/1992	Disq

**100m Men Heat VIII**

Wind: +2.2mps

Pos	Bib	Name	Club	D of Birth	Mark
1st	546	Bamidele Taiwo	YCT		10.94secs
2nd	511	Salhu Abdumalik	Police		10.97secs
3rd	343	Harry Chukwudi	Nat. Youth		11.03secs
4th	301	West Emojorouge	Megarock		11.32secs
5th	174	Adebimpe Suraju	Eagle Sigbt		11.38secs
6th	96	Adebowale Wasiu	Buka T. Jnr		11.74secs
7th	548	Ibrahim Emigbade	YCT		12.07secs
8th	244	Atoyebi Olayinka	G/T	15/6/93	12.39secs

**100m Men Heat IX**

wind: +0.2

Pos	Bib	Name	Club	D of Birth	Mark
1st	399	Uzodinma Anjagolu	Ondo		11.14secs
2nd	401	Ogunmakinju Tosin	Ondo	3/3/1993	11.18secs
3rd	636	Akinyele Bimbo	Ekiti		11.30secs
4th	98	Akintoye Adeyemi	Buka T. Jnr.		11.38secs
5th	487	Elesho Abayomi	Police		11.40secs
6th	172	Adigun Afeez	Eagle Sight		11.67secs
7th	246	Fuja Waheed	Greater Tomr	2/12/1994	12.64secs
8th	353	Quadri Abiodun	Nat. Youth		Dsq

**100m Men Heat X****Wind: -0.6mps**

<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>Club</b>	<b>D of Birth</b>	<b>Mark</b>
1st	404	Oyinbiyi Ayobami	Ondo		10.86secs
2nd	364	Nwokocha Ndubuisi	Imo NSCDC	11/4/1993	11.07secs
3rd	493	Joel Agbigbe	Police		11.24secs
4th	97	Adekanola Olagoke	ABU Zaria		11.26secs
5th	101	Kolawole Toyin	BUKA T. Jnr.		11.29secs
6th	356	Aliu Musa	Navy		11.42secs
7th	188	Courage Ekhator	Edo		11.43secs
8th	633	Charles Atirenet	Bintas		14.19secs

**100m Men Heat XI****Wind: +1.3**

<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>Club</b>	<b>D of Birth</b>	<b>Mark</b>
1st	370	Agi Christopher	NSCDC		10.97secs
2nd	131	Nicholas Imhoaperan	Edo		10.99secs
3rd	106	Darlington Eberechi	CDA		11.35secs
4th	408	Ibukun Ajayi	OOU		11.45secs
5th	265	Sampower Felix	Imo		11.54secs
6th	43	Joseph Friday	Adamawa	25/5/91	11.75secs
7th	631	Elemba Emmanuel	Prisons		11.87secs
8th	506	Peter Kufre	Police		11.88secs

**100m Men Heat XII****Wind: +0.5**

<b>Pos</b>	<b>Bib</b>	<b>Name</b>	<b>Club</b>	<b>D of Birth</b>	<b>Mark</b>
1st	353	Abiodun Quadri	Alpha		10.97secs
2nd	108	Onyekachi Ojike	CDA		10.98secs
3rd	204	Areola Tosin	Ekiti		11.35secs
4th	383	Ifemosu Dare	Ogun		11.52secs
5th	270	Igado Igado	Kano		11.64secs
6th	569	Edwin G. Edwin	Rivers		11.73secs
7th	507	Popoola Ezekiel	Police		11.84secs
8th	173	Adegoke Yusuf	Eagle Sight		12.02secs

**100m Men Heat XIII**

Wind: -3.0mps

Pos	Bib	Name	Club	D of Birth	Mark
1st	373	Oguamana Fredrick	NSCDC		11.16secs
2nd	164	Akomolafe Ademola	DOAP		11.22secs
3rd	240	Olaleye Gabriel	Greater Tomr.	10/6/1993	12.12secs
4th	581	Malik Rasak	Next Level		12.82secs

**400m Women Heat I**

Pos	Bib	Name	Club	D of Birth	Mark
1st	197	Abogunloko Bukola	Nat. Snr.		54.27secs
2nd	253	Sekinat Adesanya	NSCDC		55.85secs
3rd	467	Ekenem Comfort	Police		57.29secs
4th	580	Sanni Marian	Next Level		58.29secs
5th	457	Inegbeniki Esther	Police		58.65secs
6th	565	Tobi Kike	Mountainer	6/26/1987	61.03secs
7th	414	Akande Muinat	Oyo	7/6/1992	63.48secs
8th	541	Ademola	Yabatech		80.35secs

**400m Women Heat II**

Pos	Bib	Name	Club	D of Birth	Mark
1st	306	Etim Margaret	Nat. Snr.	28/11/92	52.98secs
2nd	456	Ehigie Josephine	Police		54.43secs
3rd	337	Rita Ossai	Nat. Youth		55.25secs
4th	125	Ephraim Blessing	Delta	10/12/1993	55.18secs
5th	129	Adegoke Charity	Eagle Sight		55.25secs
6th	279	Sarah Kadiri	Kano		57.94secs
7th	9	Nwogu Ann	Abia		60.47secs
8th	575	Adeyanju Omolola	Next Level	7/05/194	67.43secs

**400m Women Heat III**

Pos	Bib	Name	Club	D of Birth	Mark
1st	307	Funke Oladoye	Nat. Snr.	5/12/1993	56.21secs
2nd	127	Kesiana Egone	Delta		56.23secs
3rd	285	Osegbe Elvis	Mausi		57.33secs
4th	384	Juniad Abimbola	Ogun		58.04secs
5th	452	Adejoh Gift	Police		62.41secs
6th	412	Abodunrin Bukola	Oyo	7/2/1993	63.56secs
7th	544	Opeyemi Famuyiwa	YCT		66.25secs
8th	543	Mayowa Sotola	Yaba Tech		73.70secs

#### 400m Hurdles Women Heat I

Pos	Bib	Name	Club	D of Birth	Mark
1st	450	Abimbola Lawal	Police		61.36secs
2nd	459	Funmi Ogundana	Police		62.46secs
3rd	255	Philomina Ihekandu	ICDO NGR		62.62secs
4th	9	Nwogu Ann	Abia		64.40secs
5th	266	Elizabeth Ahuwan	Kano		67.12secs
6th	412	Abodunrin Bukola	Oyo	7/2/1993	63.56secs

#### 400m Hurdles Women Heat II

Pos	Bib	Name	Club	D of Birth	Mark
1st	462	Joy Sunday	Police		61.19secs
2nd	458	Folajogun Akinduro	Police		62.34secs
3rd	179	Edith Ekechi	Edo		64.68secs
4th	523	Aweda Rukayat	Rivers	29/4/94	66.39secs
5th	413	Afolabi Toyin	Oyo	17/12/1992	70.70secs

#### 400m Men Hurdles Heat I

Pos	Bib	Name	Club	D of Birth	Mark
1st	323	Samuel Okon	NSCDC		53.21secs
2nd	155	Ufoma Okotie	Delta		53.71secs
3rd	530	Steve Fikah	Rivers		53.86secs
4th	483	Okoro Chukwuemeka	Police		54.42secs
5th	517	Tajudeen Oyewole	Police		54.47secs
6th	89	Onakpoberuo Ivory	Benue		55.32secs
7th	277	Muritala Hammed	Kwara		56.96secs
8th	498	Martins Ogierakhi	Police		57.65secs

**400m Men Hurdles Heat II**

Pos	Bib	Name	Club	D of Birth	Mark
1st	520	Tosin Ogedegbe	Police		53.90secs
2nd	149	Onyemenye Maduadi	Delta		54.24secs
3rd	262	Fredrick Anyadike	Imo		55.86secs
4th	194	Osuagwu Chima	Edo		56.17ecs
5th	433	Ojo Funsho	Oyo	6/4/1992	56.42secs
6th	551	Solomon Onojorhiov	Yaba Tech		60.14secs
7th	501	Okekexman Fidelis	Police		61.36secs
8th	475	Abiodun Okusote	Police		62.27secs

**400m Men Heat I**

Pos	Bib	Name	Club	D of Birth	Mark
1st	325	Tobi Ogunmola	Ondo	20/6/93	47.53secs
2nd	319	Njoteah Peter	Nat. Snr.		48.17secs
3rd	627	Tony Egode	Delta		48.48secs
4th	161	Alale Tope	DOAP	12/7/1993	50.06secs
5th	84	Akpan Abu	Benue		50.47secs
6th	521	Okeke Ugochukwu	Police		52.05secs
7th	3	Edeki Victor	A Class		53.70secs
8th	210	Ayodeji Ikumola	Elele		56.98secs

**400m Men Heat II**

Pos	Bib	Name	Club	D of Birth	Mark
1st	74	Nwafor Onyeji	Nat. Snr.		47.39secs
2nd	322	Onakoya Tope Abiola	Nat. Snr.		47.52secs
3rd	13	Anosike Promise	Abia		48.69secs
4th	99	Alaka Richard	Buka T. Jnr.		51.02secs
5th	479	Akinkalu Adewale	Police		51.41secs
6th	286	Abraham Peter	Mausi		53.20secs
7th	421	Adepoju Moruf	Oyo		53.94secs
8th	214	Sonubi Damilare	Elele	27/10/92	55.35secs

**400m Men Heat III**

Pos	Bib	Name	Club	D of Birth	Mark
1st	122	Isa Salihu			48.23secs
2nd	324	Segun Ogunkole	Nat. Snr.		48.64secs
3rd	162	Bode Adejuyigbe	DOAP	15/4/92	48.88secs
4th	500	Obinna Ndubueze	Police		49.38secs
9	363	Sunday Francis	NSCDC	11/2/1991	49.46secs
6th	109	Otto Cyprian	CDA		49.95secs
7th	100	Durojaye Ololade	Buka T. Jnr.		52.49secs
8th	434	Okoh Emmanuel	Elele	12/24/1993	54.49secs

**400m Men Heat IV**

Pos	Bib	Name	Club	D of Birth	Mark
1st	137	Efafe Krakitie	Delta		49.19secs
2nd	345	Isa Umar	Nat. Youth		49.48secs
3rd	339	Okon Ubong	Nat. Youth		50.62secs
4th	226	Udeje Sam	Powered Star		52.27secs
5th	44	Murealea Kennedy	Adamawa	30/10/91	53.35secs
6th	516	Sunday Oche	Police		53.64secs
7th	435	Oladepo Oguntade	Gateway		57.29secs

**400m Men Heat V**

Pos	Bib	Name	Club	D of Birth	Mark
1st	346	Mmajuokeudo Jonath	Nat. Youth		48.57secs
2nd	46	Samuel Japhet	Adamawa	19/3/93	49.09secs
3rd	141	Imeje Godwin	Delta		50.72secs
4th	478	Agono Noah	Police		53.04sec
5th	193	Jones Nwocha	Edo		53.37sec
6th	247	Hanidu Azeez	Greater Tomo	20/1/94	55.03sec
7th	242	Abidemi Oguntuga	Greater Tomo	28/10/93	57.08sec

**400m Men Heat VI**

Pos	Bib	Name	Club	D of Birth	Mark
1st	402	Oluwole Odofin	Ondo	14/12/92	48.09sec
2nd	486	Ekundayo sehu	Police		49.00sec
3rd	400	Ogunmakinju Leye	Ondo	20/3/1992	49.46sec
4th	499	Nasiru Mohammed	Police		50.21sec
5th	138	Emaya Oghenevwani	Delta		50.64sec
6th	539	Peter Henworth	Unilag		50.76sec
7th	202	Adeyemo Paul	Ekiti		53.71sec

**400m Men Heat VII**

Pos	Bib	Name	Club	D of Birth	Mark
1st	208	Olorunfemi Segun	Ekiti		50.12sec
2nd	490	Dada Usman	Police		50.16sec
3rd	566	Eriba Sunday	Plateau	11/27/1988	50.47sec
4th	410	Ifiok Andrew	Osheku		51.03sec
5th	45	Aso Power	Adamawa	2/7/1993	52.18sec
6th	545	Andrew Egor	Yaba Tech		52.61sec
7th	75	Itua Fedelis	Eagle Sight		52.64sec
8th	298	Abimbola Badekale	Megarock		53.80sec

**400m Men Heat VIII**

Pos	Bib	Name	Club	D of Birth	Mark
1st	167	Okitiakpe Otega	Best Day		50.07sec
2nd	570	Bariadora Friday	Rivers		50.26sec
3rd	567	Gonap Rotji	Plateau	4/1/1993	50.86sec
4th	522	Omope Samuel	Police	11/2/1985	51.47sec
5th	583	Hassan Mohammed	Next level	12/31/1994	51.68sec
6th	220	Ifediora Simon	Destiny		54.54sec
7th	207	Ojo Kehinde	Ekiti		54.99sec
8th	510	Nosakhire Lucky	Police		55.41sec

**5000m Men Final**

Pos	Bib	Name	Club	D of Birth	Mark
1st	446	Gyang Yakubu L.	Plateau	15/5/1989	15.39sec.24
2nd	91	Yenyi Stephen	Benue		15.39sec.68
3rd	87	Mtomga Solomon	Benue		16.55sec.18
4th	563	Friday Elisha	Plateau	4/4/1992	16.24sec.22
5th	537	Alli Labeeb I.	Triumphant		16.36sec.75
6th	505	Oyetunji Tobi	Police		16.55sec.02
7th	425	aluko Sadiq	Oyo	6/12/1994	16.55sec.11
8th	251	Rasaq Azeez	G/T	7/4/1993	17.13sec.09
9th	514	Hussan Yunusa	Police		17.58sec.26

**Shot put Men final**

Pos	Bib	Name	Club	D of Birth	Mark
1st	634	Kenechukwu Ezeofor	Prison		14.84m
2nd	484	Dennis Sunday	Police		14.57m
3rd	423	Adeyemi Tunde	Oyo	8/7/1986	14.16m
4th	347	Nwoye Ifeannj A.	Nat. Youth		13.94m
5th	102	Olatunji Olawale	Buka Tiger		13.35m
6th	177	Ganiyu Mansuru	Eagle sight		13.31m

**Javelin Women final**

Pos	Bib	Name	Club	D of Birth	Mark
1st	454	Benedicta Itua	Police		41.56m
2nd	5	Afe Augustina	Abia		38.09m
3rd	185	Rhoda Onokjapor	Edp		35.68m
4th	391	Kemi francis	Ondo		35.68m
5th	112	Funmi Aghehusi	Christable		24.19m

**400m Women Heat 4**

Pos	Bib	Name	Club	D of Birth	Mark
1st	309	Ogbonna Chidinma	Nat. Snr.		55.65sec
2nd	458	Folajogun Akinduro	Police		56.79sec
3rd	180	Happy Atufe	Edo		57.54sec
4th	523	Aweda Rukayat	Rivers	29/4/94	58.12sec
5th	130	Nkiru Nwobodo	Delta		58.53sec

**100m Women Hurdles Final** wind: -0.4

Pos	Bib	Name	Club	D of Birth	Mark
1st	459	Funmi Ogundana	Police		14.59sec
2nd	169	Oghenetajiri Efenbor	Eagle Sight		14.71sec
3rd	533	Grace Ayemoba	Sloektan		14.84sec
4th	132	Okitipi Rebecca	Delta		15.15sec
5th	450	Lawal Abimbola	Police		15.18sec
6th	466	Monica Ameh	Benue		16.06sec
7th	111	Dayo Oshinbajo	Christable		16.50sec

**110m Hurdles Men Final** - 2.1mps

Pos	Bib	Name	Club	D of Birth	Mark
1st	323	Samuel Okon	Nat. Snr.		14.34sec
2nd	498	Ogieriaic Martins	Police		14.74sec
3rd	625	Benjamin Wisdom	Nat. Snr.		14.75sec
4th	55	Himah Charles	NSCDC		15.77sec
5th	487	Belesho Abayomi	Police		15.92sec
6th	539	Peter Henworth	Unilag		16.04sec

**200m Women Heat I** wind: -0.2

Pos	Bib	Name	Club	D of Birth	Mark
1st	197	Abogunloko Bukola	Ekiti		24.80sec
2nd	309	Ogbonna Chidinma	Abia		24.83sec
3rd	201	Jethro Bunmi	Ekiti		25.30sec
4th	368	Justina Sule	NSCDC		25.63sec
5th	409	Agbato Akerede	OOU		25.88sec
6th	293	Ogunbase Funke	Megarock		26.10sec
7th	279	Sarah Kadiri	Laspotech		26.37sec
8th	311	Silas	Nat. Snr.		27.56sec

**200m Women Heat II**

wind: -0.2

Pos	Bib	Name	Club	D of Birth	Mark
1st	461	Goodness Thomas	Police		25.17secs
2nd	123	Benson Margaret	Delta	28/07/94	25.53secs
3rd	125	Ephraim Blessing	Delta	10/12/1993	25.65secs
4th	416	Bisola Oladipo	Gateway		26.21secs
5th	222	Konnenovwi Favoured	Star		26.60secs
6th	297	Ogunjirin Olusola	Megarock		27.77secs
7th	273	Taye Ashamo	Kwara		29.31secs
8th	392	Fausat Yusuf	Next Level	6/13/1995	31.78secs

**200m Women Heat III**

Wind: -1.7mps

Pos	Bib	Name	Club	D of Birth	Mark
1st	306	Etim Margaret	Ondo	28/11/92	24.26secs
2nd	377	Gloria Bassey	NSCDC	11/21/1993	24.55secs
3rd	129	Adegoke Charity	Delta		25.76secs
4th	533	Grace Ayemoba	Sloektan		25.86secs
5th	457	Inegbiniku Esther	Police		26.13secs
6th	237	Cecilia Amedigni	Greater Tomr	17/2/94	26.57secs

**200m Men Heat I**

Wind: -1.9mps

Pos	Bib	Name	Club	D of Birth	Mark
1st	353	Abiodun Quadri	Alpha		22.13secs
2nd	343	Harry Chukwudi	Nat. Youth		22.29secs
3rd	98	Akintoye Adeyemi	Buka T. Jnr.		22.56secs
4th	410	Ifiok Andrew	Police		22.93secs
5th	99	Richard Alaka	Buka T. Jnr.		23.40secs
6th	1	Arewa Kolawole	A Class		24.03secs
7th	527	Onasanya Owolabi	Rivers	5/4/1994	24.20secs
8th	409	Casmir Unegbu	A Class		24.96secs

## 200m Men Heat II

Wind: +0.2

Pos	Bib	Name	Club	D of Birth	Mark
1st	529	Sanni Mohammed	Rivers	1/10/1993	22.75secs
2nd	84	Akpan Abu	Benue		22.79secs
3rd	101	Kolawole Toyin	Buka T. Jnr.		23.07secs
4th	438	Yakubu Olayiwola	Oyo	7/18/1992	23.44secs
5th	424	Ahmed Mojeed	Oyo	7/7/1991	24.13secs
6th	420	Adedeji Olayinka	Oyo	5/7/1990	24.69secs
7th	4	Taiwo Ajetumobi	A Class		25.03secs
8th	64	Aminu Marafa	Bauchi		25.41secs

## 200m Men Heat III

Wind:

Pos	Bib	Name	Club	D of Birth	Mark
1st	322	Onakoya Tope A.	Nat. Snr.		21.86secs
2nd	131	Nicholas Imhoaperam	Delta		22.09secs
3rd	364	Nwokocha Ndubuisi	NSCDC	11/4/1993	22.43secs
4th	164	Akomolafe Demola	Bayelsa		22.61secs
5th	426	Christian Uba	Oyo	6/3/1994	22.98secs
6th	539	Peter Henworth	Unilag		23.13secs
7th	265	Sampower Felix	Imo		23.43secs
8th	411	Obajimi Seun			25.49secs

## 200m Men Heat IV

Wind: -1.3mps

Pos	Bib	Name	Club	D of Birth	Mark
1st	629	Adeola Efunbile	DOAP	18/11/92	22.01secs
2nd	430	Kehinde Ogunsola	Oyo	2/16/1993	22.37secs
3rd	547	Darlington Ifadele	Yaba Tech		23.16secs
4th	100	Durojaiye Ololade	Buka T. Jnr		23.67secs
5th	287	Atuma Ifeanyi	Mausi		24.32secs
6th	211	Durojaiye Olanrewaju	Elele		24.46secs
7th	492	James Israel	Police		24.70secs
8th	431	Muyideen Adebayo	Oyo	7/7/1992	25.10secs

## 200m Men Heat V

Wind: -0.0mps

Pos	Bib	Name	Club	D of Birth	Mark
1st	140	Emwobo Mamus	Delta		22.14secs
2nd	402	Odofin Oluwole	Ondo	14/12/92	22.42secs
3rd	636	Akinleye Bimbo	Ekiti		22.45secs
4th	288	Ehibor Frank	Mausi		23.00secs
5th	490	Dada Usman	Police		23.10secs
6th	549	Jelili Anjorin	Yaba Tech		23.34secs
7th	631	Elemba Emmanuel	Prison		23.79secs
8th	219	Joshua Ezu	Esteem		24.65secs

## 200m Men Heat VI

Wind:

Pos	Bib	Name	Club	D of Birth	Mark
1st	346	Nnaju Jonathan	Nat. Youth		21.77secs
2nd	47	Peter Kufre	Police		21.78secs
3rd	404	Saul Weigopwa	Adamawa	14/6/84	21.80secs
4th	95	Adebayo Rotimi	Buka T.		23.08secs
5th	301	West Emojorougo	Mega Rock		23.16secs
6th	496	Kikenme Endurance	Police		23.27secs
7th	43	Joseph Friday	Adamawa	25/5/91	23.51secs
8th	96	Adebowale Wasiu	Buka T. Jnr		23.76secs

## 200m Men Heat VII

Wind:

Pos	Bib	Name	Club	D of Birth	Mark
1st	97	Adekanola Olagoke	Bukta T. Jnr.		22.87secs
2nd	567	John Olatuno	GTC Owo		23.15secs
3rd	570	Banadora Friday	Rivers		23.17secs
4th	564	Davou Pwajok	Mountainer	3/24/1992	23.67secs
5th	240	Olaleye Gabriel	Greater Tomr	10/6/1993	24.11secs
6th	408	Ibukun Ajayi	OOU		24.42secs

### 800m Women Final

Pos	Bib	Name	Club	D of Birth	Mark
1st	255	Ihekandu Philomina	Abia		2:08.58secs
2nd	326	Abiye David	Oyo	20/4/92	2:12.80secs
3rd	51	Solarin Yemisi	Alpha		2:17.64secs
4th	334	Ogunkoya Muibat	Nat. Youth		2:24.83secs
5th	50	Sarah Ogunsola	Alpha		2:28.07secs
6th	92	Balogun Mariam	Buka T. Jnr		2:36.87secs
7th	12	Lamge Racheal	Plateau		2:46.45secs
8th	565	Tobi Kike	Mountainer	6/26/1987	2:47.95secs

### Long Jump Men Final

Pos	Bib	Name	Club	D of Birth	Mark
1st	519	Oladimeji Toyin	Police	2/1/1992	7.45m +0.4
2nd	55	Charles Humah	Alpha		7.30m -0.2
3rd	497	Lebi Psalm	Police		7.24m -1.4
4th	165	Olorunwa Bamgbose	DOAP	25/12/93	6.78m +1.2
5th	394	Bode Akintokun	Ondo	25/4/1993	6.78m +0.5
6th	89	Onokpocheru Ivory	Benue		6.68m +1.1
7th	136	Blessed Uguumadu	Delta		6.60m +0.2
8th	340	Alli Adekunle	National		6.55m = 1.4

### Hammer Men Final

Pos	Bib	Name	Club	D of Birth	Mark
1st	621	Ibrahim Baba	Ondo		54.03m
2nd	357	Dauda Omizi	Navy		48.37m
3rd	158	Felix Opuana	Delta		46.47m
4th	361	Felix Onoyanse	Next Level		45.58m
5th	139	Charles Ojeseghoto	Delta		43.87m
6th	177	Ganiyu Monsuru	Eagle Sight		43.45m
7th	120	Peter Okughu	Crystable		40.65m

800m Men Heat II

Pos	Bib	Names	Club	D of Birth	Mark
1st	318	Ishaku Muhammed	Nat. Snr.	20/12/88	1:54.10sec
2nd	40	ahmed Ibrahim	Adamawa	31/12/1984	1:54.91sec
3rd	217	Igiliegbe Chibuzor	Enugu		1:55.48sec
4th	57	Goke Ogunseye	Alpha		1:55.73sec
5th	280	Khalid Jead	Libya		1:57.41sec
6th	440	Bolariwa Abiodun	Peach		1:58.13sec
7th	528	Otukoya Samson	Rivers	6/6/1993	2:03.43sec
8th	42	Joel Friday	Adamawa	1/5/1992	2:06.32sec

800m Men Heat I

Pos	Bib	Names	Club	D of Birth	Mark
1st	313	Agu Justine	Nat. Snr.		1:55.33sec
2nd	351	Orukpe Erayokan	Nat. Youth		1:58.42sec
3rd	41	Audu Musa	Adamawa	1/6/1993	1:59.35sec
4th	141	Imeje Godwin	Delta		2:02.54sec
5th	85	Simon Kuku	Benue		2:02.79sec
6th	271	Salisu Alessam	Kano		2:03.33sec
7th	505	Oyetunji Tobi	Police		2:07.69sec
8th	538	Bamidele Morufu	Triumphant		2:09.58sec

1,500M Women Heat I

Pos	Bib	Names	Club	D of Birth	Mark
1st	444	Sanni Ruth Awute	Plateau	4/7/1988	4:41.54sec
2nd	255	Ihekandu Philomina	Abia		4:50.31sec
3rd	336	Pereira Oluwabakola	Nat. Youth		4:51.04sec
4th	66	Nkechi Pelix	Benue		5:09.45sec
5th	470	Oribamise Olajumoke	Police		5:13.72sec
6th	415	Asamu Tobi	Oyo	14/11/93	5:14.92sec
7th	572	Mistura Adegbile	Next level	6/3/1998	5:26.80sec
8th	239	Maryam Soliu	Greater T.	11/1/1994	5:28.60sec

1,500M Women Heat II

Pos	Bib	Names	Club	D of Birth	Mark
1st	328	Agber Shimenege	Nat. Youth		4:40.40sec
2nd	329	Agidi Omoyemi	Olympic Jnr		4:42.03sec
3rd	455	Bunmi Odejobi	Police		4:53.79sec
4th	335	Shabi Mosidat	River	6/4/1992	4:57.02sec
5th	562	Ashanti Calvin	Plateau	11/4/1995	5:03.02sec
6th	576	Olowora Aminat	Next level	3/21/1994	5:03.39sec
7th	81	Seember Unokyar	Benue		5:09.81sec
8th	200	Ilesanmi Omawunmi	Ekiti	22/2/93	5:36.49sec

Triple Jump Women Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	252	Blessing Ibrahim	Edo ner		13.29m +0.2
2nd	525	Otonye Iworima	Rivers		13.05m +1.1
3rd	296	Mary otuamah	Megarock		12.59m + 1.4
4th	464	Osito Linda	Police		12:23m -0.2

1,500m Men Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	152	Prince Obus	Delta		4:01.70sec
2nd	474	Ajani abiodun	Police		4:04.76sec
3rd	491	Mayowa Banwo	Police		4:16.73sec
4th	538	Bamidele Monifu	Triumphant		5:06.04sec
5th	622	Oduyebo Sunday			5:22.99sec

**DAY TWO 17TH APRIL, 2010**

## Discus Women Final

<b>Pos</b>	<b>Bib</b>	<b>Names</b>	<b>Club</b>	<b>D of Birth</b>	<b>Mark</b>
1st	104	Keke Immaculate	CDA		37.90m
2nd	187	Uwoye Ishoguezejie	Edo		34.62m
3rd	105	Nkechi Chima	CDA		32.56m
4th	184	Peare Ikerebe	Edo		29.08m
5th	114	Queen Obisesan	Christable		28.42m
6th	78	Adamudu Eneewa	Benue		28.10m
7th	115	Ruth Popoola	Christable		18.66m

## Hammer Women Final

<b>Pos</b>	<b>Bib</b>	<b>Names</b>	<b>Club</b>	<b>D of Birth</b>	<b>Mark</b>
1st	114	Queen Obisesan	Christable		53.34m
2nd	256	Quadri Rasidal	ICDO Nig.		51.15m
3rd	105	Nkechi Chime	CDA		28.68m
4th	115	Ruth Popoola	Christable		28.66m
5th	104	Keke Immaculate	CDA		27.88m
6th	102	Funmi Agbelasi	Christable		23.58m

## 20Km Women Walk Race Final

<b>Pos</b>	<b>Bib</b>	<b>Names</b>	<b>Club</b>	<b>D of Birth</b>	<b>Mark</b>
1st	453	Isedu Queensly	Police		1hr:55:14.07secs
2nd	254	Joy Davis	ICDO NGR		2hr:01:03.39secs
3rd	369	Kafayat Babalola	NSCDC		2hr:04:15.38secs
4th	472	Queen Henshaw	Police		2hr:10:00.22secs
5th	182	Idahosa Florence	Edo		2hr.18:03.47secs
6th	113	Kehinde Apalaro	Christable		2hr.21:31.90secs

20Km Men Walk Race Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	476	Kazeem Adeyemi	Police		1hr.38m.17.93secs
2nd	503	Oluwaseyi Lawal	Police		1hr.38m.30.13secs
3rd	56	Dele Elegbede	Alpha		1hr.44m.09.99secs
4th	481	Alade Felix	Police		1hr.48m.13.16secs
5th	117	Afeez Abiodun	Christable		2hr.05m.35.90secs
6th	509	Rasheed Quadry	Police		2hr.15m.59.05secs

400m Hurdles Women Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	462	Joy Sunday	Police		59.92secs
2nd	458	Folajogun Akinduro	Police		60.08secs
3rd	459	Funmi Ogundana	Police		60.24secs
4th	450	Abimbola Lawal	Police		61.18secs
5th	179	Edith Ekechi	Edo		64.34secs
6th	255	Philomina Ihekandu	ICDO NGR		64.53secs
7th	9	Nwogu Ann	Abia		64.56secs

400m Hurdles Men Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	323	Samuel Okon	NSCDC		53.47secs
2nd	520	Tosin Ogedegbe	Police		53.61secs
3rd	155	Ufoma Okotie	Delta		54.03secs
4th	149	Onyemenye Maduadi	Delta		54.26secs
5th	517	Tajudeen Oyewole	Police		54.44secs
6th	530	Steve Fikah	Rivers		54.66secs
7th	483	Okoro Chukwuemeka	Police		56.13secs
8th	262	Fredrick Anyadike	Imo		57.32secs

100m Women Semi Final I

Wind: +0.0mps

Pos	Bib	Names	Club	D of Birth	Mark
1st	310	Omaka Josephine	Nat. Snr.		11.59secs
2nd	365	Agnes Osazuwa	NSCDC		11.70secs
3rd	305	Chinazor Amadi	Nat. Snr.		11.93secs
4th	368	Justina Sule	NSCDC		12.14secs
5th	201	Jethro Bunmi	Ekiti		12.19secs
6th	123	Benson Margaret	Delta	28/07/94	12.31secs
7th	419	Olabaju Yemi	Oyo	1/12/1994	12.50secs

## 100m Women Semi Final II

wind: +0.3

Pos	Bib	Names	Club	D of Birth	Mark
1st	311	Silas Stella	Nat. Snr.		11.78secs
2nd	303	Tawa Adegoke	Nat. Snr.		11.80secs
3rd	377	Bassey Gloria	NSCDC	11/21/1993	11.87secs
4th	460	Goodness Thomas	Police		12.05secs
5th	330	Hope Jacob	Nat. Youth		12.16secs
6th	222	Konabiyovwi Judith	Favoured	16/05/93	12.25secs
7th	304	Ajaude Nnenna	Abia		12.34secs
8th	133	Umayah Akpevwe	Delta	5/7/1994	12.57secs

## 100m Men Semi Final I

wind: 1.1

Pos	Bib	Names	Club	D of Birth	Mark
1st	312	Adukwu Benjamin	Nat. Snr.	23/11/1989	10.49secs
2nd	494	Kasumu Ahmed	Police		10.69secs
3rd	316	Elvis Ukale	Nat. Snr.		10.70secs
4th	546	Bamidele Taiwo	Yaba Tech		10.73secs
5th	399	Uzodinma Anyagolu	Ondo		10.82secs
6th	108	Onyekachi Ojike	CDA		10.84secs
7th	164	Akomolafe Ademola	DOAP		11.03secs

## 100m Men Semi Final II

Wind: +0.0mps

Pos	Bib	Names	Club	D of Birth	Mark
1st	315	Egwelo Ogho-Oghene	Nat. Snr.		10.48secs
2nd	131	Nicholas Imhoaperan	Delta		10.74secs
3rd	414	Ebele Udeagu	Abia		10.78secs
4th	511	Saihu Abdumalik	Police		10.86secs
5th	343	Harry Chukwudi	Nat. Youth		10.88secs
6th	397	Kamilu Isijola	Ondo	23/6/1993	10.92secs
7th	373	Oguamana Fredrick	NSCDC		10.95secs
8th	233	Stanley West	Global		11.26secs

## 100m Men Semi Final III

Wind: 0.0

Pos	Bib	Names	Club	D of Birth	Mark
1st	317	Fredrick Ovie Agbaje	Nat. Snr.	26/6/1988	10.54secs
2nd	404	Ayobami Oyebiyi	Ondo	30/10/1992	10.70secs
3rd	258	Agbuwa Emobusa	Alpha		10.71secs
4th	151	Peter Unegbu	Delta		10.74secs
5th	559	Chimenem Ironwusi	Rivers		10.79secs
6th	342	Emwobo Mamus	Delta		10.89secs
7th	370	Agi Christopher	NSCDC		10.90secs
8th	278	Raji Idris Babatunde	Kwara		10.95secs

## 100m Men Semi Final IV

Wind: +0.8mps

Pos	Bib	Names	Club	D of Birth	Mark
1st	143	Nathaniel Oletu	Delta		10.72secs
2nd	353	Abiodun Quadri	Alpha		10.79secs
3rd	77	Olugbemi Yomi	Bayelsa		10.80secs
4th	629	Efunsile Adeola	DOAP	18/11/92	10.83secs
5th	626	Bamishigbin Adewunr	Policce		10.84secs
6th	206	Odelusi Ayokunle	Ekiti		10.90secs
7th	364	Nwokocha Ndubusi	Imo	11/4/1993	11.02secs
8th	401	Ogunmakinju Tosin	Ondo	3/3/1993	11.22secs

## 400m Women Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	306	Etim Margaret	Nat. Snr.	28/11/92	52.77secs
2nd	197	Abogunloko Bukola	Nat. Snr.		53.44secs
3rd	456	Ehigie Josephine	Police		54.34secs
4th	253	Sekinat Adesanya	NSCDC		55.63secs
5th	307	Funke Oladoye	Nat. Snr.	5/12/1993	55.69secs
6th	309	Ogbonna Chidinma	Nat. Snr.		56.56secs
7th	127	Kesiana Egone	Delta		56.81secs

## 400m Men Final A

Pos	Bib	Names	Club	D of Birth	Mark
1st	322	Onakoya Tope Abiola	Nat. Snr.		46.81sec
2nd	74	Nwafor Onyeji	Nat. Snr.		47.38sec
3rd	346	Mmasuokeudo Jonath	Nat. Youth		47.77sec
4th	325	Tobi Ogunmola	Ondo	20/6/93	47.88sec
5th	122	Isa Salihu	Custom		48.16sec
6th	319	Njoteah Peter	Nat. Snr.		48.56sec
7th	402	Oluwole Odofin	Ondo	14/12/92	49.85sec

## 400m Men Final B

Pos	Bib	Names	Club	D of Birth	Mark
1st	486	Ekundayo Sehubo	Police		49.05sec
2nd	137	Edafe Krakitie	Delta		49.28sec
3rd	345	Isa Umar	Nat. Youth		49.29sec
4th	46	Samuel Japhet	Adamawa	19/3/93	49.32sec
5th	208	Olorunfemi segun	Ekiti		50.18sec
6th	570	Bariadora Friday	Rivers		50.55sec
7th	167	Okitiakpe Otega	Best Day		50.73sec
8th	490	Dada Usman	Police		42.05sec

## 800m Men Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	318	Ishaku Muhammed	Nat. Snr	20/12/88	1:52.96sec
2nd	217	Igiliegbbe Chibuzor	Enugu		1:53.30sec
3rd	280	Khalid Jead	Libya		1:54.21sec
4th	40	Ahmed Ibrahim	Adamawa	31/12/1984	1:54.80sec
5th	57	Goke Ogunseye	Alpha		1:55.03sec
6th	41	Audu Musa	Adamawa	1/6/1993	2:02.77sec

### Shot put Women Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	105	Nkechi Chime	CDA		13.12m
2nd	624	Okoro Patience	Edo		12.16m
3rd	104	Keke Immaculate	CDA		12.06m
4th	454	Benedicta Itua	Police		10.73m
5th	187	Uwaye Ibhaguezejie	Edo		10.55m
6th	5	Afor Augustina	Abia		10.52m
7th	116	Uju Anoliefe	Police		10.12m
8th	93	Elama Remi	Buka T. Jnr.		9.69m

### Triple Jump Men Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	54	Sodipo Busayo	Ogun		15.57m 0.0
2nd	497	Lebi Pslam	Police		15.50m +1.2
3rd	617	George Jones	Prisons		14.83m +0.3
4th	136	Blessed Ugumadu	Delta		14.71m +1.1
5th	480	Akinoso Adebayo	Police		14.51m +0.4
6th	223	College Emmanuel	Favoured		14.47m -0.3
7th	110	Abayomi Ashipa	ICDO		14.44m +1.1
8th	352	Omofozezi Pius	Delta	10/6/1993	14.15m +1.9

### 1,500m Women final

Pos	Bib	Names	Club	D of Birth	Mark
1st	444	Sanni Ruth Awute	Plateau	4/7/1988	4:42.55sec
2nd	255	Ihekandu Philomina	Abia		4:44.09sec
3rd	328	Agber Shimenebe	Olympic Jnr.		4:46.11sec
4th	455	Bunmi Odejobi	Police		4:50.58sec
5th	335	Shabi Mosidat	River	6/4/1992	4:52.11sec
6th	66	Nkechi Pelix	Bauchi		5:07.99sec
7th	470	Oribamise Jumoke	Police		5:18.88sec

## 200m Women Final

wind: +1.1

Pos	Bib	Names	Club	D of Birth	Mark
1st	306	Etim Margaret	Ondo	28/11/92	23.99secs
2nd	197	Abogunloko Bukola	Ekiti		24.03secs
3rd	377	Gloria Bassey	NSCDC	11/21/1993	24.32secs
4th	461	Goodness Thomas	Police		24.45secs
5th	201	Jetro Bunmi	Ekiti		25.11secs
6th	123	Benson Margaret	Delta	28/07/94	25.58secs
7th	309	Ogbona Chidinma	Abia		25.75secs

## 100m Men Final

Wind: -0.5mps

Pos	Bib	Names	Club	D of Birth	Mark
1st	315	Egwero Ogho Oghene	Nat. Snr		10.32secs
2nd	312	Adukwu Benjamin	Nat. Snr	23/11/1989	10.48secs
3rd	317	Fredrick Ovie Agbaje	Nat. Snr	26/6/1988	10.54secs
4th	131	Nicholas Imhoaperau	Delta		10.67secs
5th	143	Nathaniel Oletu	Delta		10.72secs
6th	494	Kasumu Ahmed	Police		10.78secs
7th	404	Oyebiyi Ayobami	Ondo	30/10/1992	10.82secs
8th	353	Abiodun Quadri	Alpha		10.95secs

## 100m Women Final

wind: +0.4

Pos	Bib	Names	Club	D of Birth	Mark
1st	310	Omaka Josephine	Nat. Snr.		11.77secs
2nd	365	Agnes Osazuwa	NSCDC		11.85secs
3rd	305	Chinazor Amadi	Nat. Snr.		11.88secs
4th	303	Tawa Adegoke	Nat. Snr.		11.93secs
5th	377	Bassey Gloria	NSCDC	11/21/1993	12.00secs
6th	311	Silas Stella	Nat. Snr.		12.05secs
7th	460	Goodness Thomas	Police		12.13secs
8th	368	Justina Sule	NSCDC		12.25secs

### 5,000m Women Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	329	Agidi Omoyemi	Ondo		17m.11.98secs
2nd	444	Sanni Ruth Awute	Plateau	4/7/1988	17m.20.89secs
3rd	61	Dung Janet	Bauchi		17m.58.08secs
4th	566	Sunday Eru	Plateau		18m.18.47secs
5th	62	Maria Kebang	Bauchi		18m.29.90secs
6th	336	Pereira Oluwabukola	Olympic Jnr.		18m.34.09secs
7th	562	Ashanti Kelvin	Plateau		18m.34.13secs
8th	82	Zakor Mrumum	Benue		19m.18.03secs
9th	235	Agboola Sadiat	Greater Tomo	11/2/1994	19m.25.06secs

### Long Jump Women Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	305	Chinazor Amadi	National		6.37m +0.7
2nd	308	Hope Idhe	National		5.87m +1.4
3rd	525	Otonye Iworima	Rivers		5.87m +1.0
4th	252	Blessing Ibrahim	ICDO		5.82m +0.0
5th	304	Ajude Nnenna	National		5.62m -0.5
6th	533	Grace Ayemoba	Sloektan		5.57m +1.4
7th	471	Ademuwagun Adewu	Police		5.48m +1.2
8th	296	Mary Otoaruah	Mega Rock		5.33m 0.0

### 10,000m Men Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	619	Emmanuel Gyang Gwa	Plateau		30:46.17secs
2nd	64	Bulus John	Bauchi		31:30.38secs
3rd	495	Williams Kefas	Police		32:01.95secs
4th	447	Ismaila Haris Danina	Plateau	28/7/86	32:32.98secs
5th	446	Gyang Yakubu Luka	Plateau	15/5/1989	32:42.99secs
6th	537	Alli Labeer	Triumphant		32:55.04secs
7th	561	Elisha Friday	Plateau	4/4/1992	33:06.46secs
8th	91	Yenyi Stephen	Benue		33:09.31secs

4x100m Women Final

Pos	Bib	Names	Club	D of Birth	Mark
1st		Nat. Senior	Nat. Senior		45.53secs
2nd		NSCDC	NSCDC		47.09secs
3rd		Police	Police		47.43secs
4th		Delta	Delta		48.39secs
5th		Abia	Abia		49.16secs
6th		Oyo	Oyo		51.05secs

4x100m men Final 1

Pos	Bib	Names	Club	D of Birth	Mark
1st		POLICE	POLICE		14.31sec
2nd		NSCDC	NSCDC		41.50sec
3rd		OLYMPIC YOUTH CAM	OLYMPIC YOUTH CAMP		41.71sec
4th		YABA TECH	YABA TECH		42.79sec
5th		DOAP	DOAP		42.86sec
6th		PLATEAU	PLATEAU		43.12sec

4x100m men Final 2

Pos	Bib	Names	Club	D of Birth	Mark
1st	317	Ondo	Ondo		40.08sec
2nd	364	ICDO	ICDO		40.09sec
3rd	424	Oyo	Oyo		42.03sec
4th	151	Delta	Delta		42.05sec
5th	550	Rivers	Rivers		45.05sec

4x400m men Final

Pos	Bib	Names	Club	D of Birth	Mark
1st		NSCDC	NSCDC		3:13.40sec
2nd		POLICE	POLICE		3:15.99sec
3rd		DELTA	DELTA		3:17.97sec
4th		OLYMPIC YOUTH	OLYMPIC YOUTH		3:19.65sec

#### 4x400m women Final

Pos	Bib	Names	Club	D of Birth	Mark
1st		Police	Police		3:42.10sec
2nd		NSCDC	NSCDC		3:43.93sec
3rd		Delta	Delta		3:47.92sec
4th		Oyo	Oyo		4:12.55sec

#### Javelin Men

Pos	Bib	Names	Club	D of Birth	Mark
1st	634	Kenekukwu Ezeofor	Prison		63.63m
2nd	489	Friday Osayandu	Police		61.88m
3rd	191	Kingsly Igbinisu	Edo		58.35m
4th	71	Friday Nwaji	Bayelsa		54.23m
5th	504	Osaze Julius	Police		51.43m
6th	616	Chinedum Ezeafor	Prison		51.00m
7th	442	James Adetunji	Peach		43.19m

#### High Jump Women Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	181	Hope Aruya	Edo		1.7m
2nd	624	Okoro Patience	Edo		1.65m
3rd	103	Fsiekpe Yrukewe	CDA		1.65m
4th	308	Idhe Hope	Delta		1.60m
5th	391	Kemi Francis	Ondo		1.50m
6th	120	Oyetaquin Queen	Eagles S.		1.45m

#### High Jump men Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	45	Obiora Arwze	Delta		2.00m
2nd	497	Lebi Psalm	Police		2.00m
3rd	110	Ashipa Abayomi	ICDO		1.95m
4th	367	Walter Emudaola	NSCDC	5/30/1993	1.95m
5th	620	Afam Nwagbo	Police		1.95m
6th	215	Eze Justus	Enugu		1.90m

Discuss Men Final

Pos	Bib	Names	Club	D of Birth	Mark
1st	634	Kenechukwu Ezeofor	Prisons		49.27m
2nd	623	Christopher Ameh	Immigration		46.10m
3rd	189	Godwin Imoisi	Edo		45.01m
4th	484	Dennis Sunday	Police		44.37m
5th	406	Babalola Oloruntoba	Ondo		44.22m
6th	405	Patrick Oguche	Ondo	28/6/84	43.92m
7th	102	Olatunji Olawale	Bukar T.		43.17m